



Marriage Goals

A wedding is a very important time and many of us put immense time, energy, commitment and finances into creating our perfect wedding.

What about the marriage?

Have you thought and discussed what life will be like after your marriage?

Balancing Minds Counselling is offering pre-marital counselling to support couples in strengthening an existing relationship or building a strong foundation in a new relationship.

Counselling can include discussion and work on:

Finances, children, individuality, enhancing understanding of each other, living arrangements, in-laws and growing as a couple.

Your questions are welcome.

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